

NEWSMAKERS

In The Big Things of Life ~ We Are At One

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Club Calendar

October 3 - Grundy Woman's Club Meeting (Grundy Baptist)

October 8 - GFWC VA Southwestern District Fall Meeting (Southwest 4H Educational Center, Abingdon)

November 3-6 - Southeastern Regional Conference (The Greenbrier, WV)

Newsletter Editor JoBeth Wampler



Time for Tea, Time for Work

Our GFWC Grundy Woman's Club takes off each summer, returning in the fall reenergized and ready to serve. So as we convene in our first meeting of the new season – several of us bringing our favorite tea cups and mugs to show – let us remember that each cup is designed unique. Just like we are, they tell something about the person to which they belong.

Some are fancy with ornate designs and hand-painted flowers. Some are simple, offering a snarky or comical quote. But all of them tell you something about them, molding that design with their character. And all are different, yet the same.

As clubwomen, let us take time to consider the character we feature in the little details in us. Not necessarily in our physical shape, but in the persons we allow others to see. Do we offer up bitter tea, leaving a bad taste on the world? Are we careful not to leave careless stains? Remember: Our character, what flows from us, can either hinder or encourage.



Grundy Woman's Club Attends State Conference

Soaking in dozens of workshops and reports and meeting fellow clubwomen from across the Commonwealth, eight local members of the Grundy Woman's Club attended the Annual Summer Conference of the General Federation of Women's Clubs of Virginia last weekend.

Held at the Inn at Virginia Tech and Skelton Conference Center in Blacksburg, Va., the conference took on the theme 'Dare to Dream the Impossible Dream' -- an ode to the state project 'Dare to Dream of No Hunger,' which encourages women's clubs affiliated with the GFWC to support the Federation of Virginia Food Banks, local food banks and other programs aimed at providing nutritious foods where needed.

As a special rainbow initiative to help members, clubs and districts feel a part of the newly adopted state project, members in attendance at conference were invited to bring drink mix packets, like Kool Aid and Crystal Light, which were later donated to a food distribution facility in the area.

Over the next two years, GFWC Virginia's Executive Committee will incorporate similar rainbow initiatives at upcoming state conferences and conventions, all with a focus on feeding the hungry. For instance, at the



From left, Tania Stephens, Bertha Street, Glenna Owens, Sandy Stiltner, Leigh Ann Hackney and Ginger Robertson enjoy the scene at the Inn at Virginia Tech. Not pictured: Debbie Deel and Betty Shields.

(Photo courtesy Pat Reinders)

2017 State Convention, they will ask members to guess the number of Skittles in a container for \$1 per guess. Money collected will benefit the State Project Fund, which goes right back into supporting local food banks. And during the 2017 Annual Conference, they'll ask districts to bring a canned food item of different colors. Assigned the color red, one district might bring Campbell's soups or Chef Boyardee, for instance. Another district, assigned green, might bring garden peas or green beans. And special recognition will be given to the district donating the most items.

Hosted by the Southwestern District of GFWC Virginia, the conference affords clubwomen an opportunity to meet with members of the Executive Committee of the GFWC Virginia.



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From top left, Debbie Deel, Bertha Street, Ginger Robertson, Glenna Owens and Leigh Ann Hackney are pictured dining with clubwomen from around the state at the GFWC VA Annual Summer Conference in mid-August.

(Photo courtesy Leigh Ann Hackney)

For Grundy Woman's Club members, many of whom serve on local club and district levels, the event offered them the chance to speak with women who have been chosen to lead the state organization.

District chairmen, which include local members Anna Ruth Coleman (Health), Debbie Deel (International Outreach), Bertha Street (Legislation & Public Policy), Jenny Martin (Membership Junior and Leadership Junior), JoBeth Wampler (GFWC Virginia Junior State Project: Advocates for Children), and Pam Wolford (Community Improvement Contest), were invited to meet with state chairmen of the GFWC VA's community service programs and special projects.

District officers, like local members JoBeth Wampler (SWD Secretary), Ginger Robertson (SWD Treasurer), Sandy Stiltner (SWD Parliamentarian) and Jenny Martin (SWD Third Vice President & Director of Junior Clubs), were invited to meet with state officers. Serving as GFWC Virginia Chaplain over the next two years, past state president and local Grundy Woman's Club Secretary Betty

Shields was among them.

And, club presidents, which included Grundy Woman's Club President Glenna Owens and Second Vice President Leigh Ann Hackney, were invited to meet with GFWC VA President Fran Edwards and GFWC VA Third Vice President & Director of Junior Clubs Joy Matkowsky.

Additionally, several members of the local club presented workshops at the event – one of the highlights of conference for many attendees. Among the local members presenting workshops at the event were: Sandy Stiltner, who also serves on the state level as GFWC VA Home Life Chairman; Tania Stephens, who serves as GFWC VA Fundraising/Meeting Exhibits Chairman; and Jenny Martin, who serves as GFWC VA Health Chairman.

Betty Shields also presented the Thought of the Day over the two-day conference and announced, with the assistance of GFWC VA Juniorette Advisor Kristi Barber, the 2015 GFWC Virginia awards received during the international organization's annual convention in Baltimore, MD.

GFWC Virginia was recognized in Education, the Hugh O'Brien Youth (HOBY) Leadership Development Partnership Award; and in Special Recognitions, for Junior Membership Increase and the Magazine Subscription Award.

Additionally, 2014-2016 GFWC Virginia President Betty Shields was presented with the Charlotte Emerson Brown Award, which is presented 'for exemplary service and excellence in state leadership.'



A Personal Note from Southwestern District President Faye Bocock...

GFWC VA Southwestern District President Faye Bocock, of Pennington Gap, joined the GFWC Grundy Woman's Club at Willowbrook on August 28 for its first meeting of the season. As president, she's making it her goal to meet all clubwomen from every club in the Southwestern District. Knowing large clubs, like ours in Grundy, are so widespread that not all members attend every meeting, she says she understands she might only get the chance to spend time with the GFWC's 'working bees.' Nonetheless, she's eager to meet each and every one of us.

Along with her sister and district membership chairman, Carol Brown, who serves as her right hand in her own club, Faye is excited to join us. "My main goal is growing our membership with 'working bees,' and to make sure we retain the members we have, and get them involved... Find a project they can do, even if it is from home. I also plan to start a junior club in my own town and will encourage others to do the same. We have to have some younger members getting involved so our Legacy can continue."



President's Message

Ladies, I just returned from the GFWC Virginia Annual Summer Conference in Blacksburg and boy was it FUN! I'm still on a "Conference High" and can't wait to get started this year. I was fortunate to meet many wonderful ladies from throughout the state, who, just like us, are working to make their communities a better place to live. I really learned a lot from the different sessions – I'll share many of these things with you throughout the coming year.

I would like to encourage each of you to consider attending the next Conference or Convention. I know what you are thinking because I thought the same things *Boring, I won't know anyone there*, etc. etc. But, believe me, you are so WRONG! It was so much fun to get to meet new people and learn so many things – things I never would have thought about. I am SO glad that I decided to go! Thanks to Tania, Sandy and Bertha, who kept asking and making me feel obligated to go. Make your calendars for November 3-6 and join us for SER at the Greenbrier!

Glenna

Buchanan County Calendar of Events

August 30 - Grundy Kiwanis Meeting (Fmr. Italian Village)

August 31 - ASL Business Fair (ASL Lion's Lounge)

September 2 - Free Miner Health Screening (Big Rock Community Center)

September 3 - Free Miner Health Screening (Hurley Black Lung Clinic)

September 4 - Free Miner Health Screening (Comfort Inn - Grundy)

September 6 - Grundy Kiwanis Club (Former Italian Village)

September 8 - Free Miner Health Screening (Save-a-Lot)

September 9 - Free Miner Health Screening (Save-a-Lot)

September 9 - Kiwanis Playground Day (Kiwanis Park)

September 10 - Spirit Fest (Downtown Grundy)

September 12 - Buchanan Co. Board of Supervisors Meeting (Grundy Courthouse)

September 12 - Free Miner Health Screening (Vansant Black Lung Clinic-Anchorage)

September 19 - Buchanan Co. PSA (Southern Gap)

September 26 - Senior Citizen Appreciation Day (BGH)

Community Service Project Reports

International Outreach - Debbie Deel

Hello, Grundy Woman's Club members! As many of you know, Shirley Belcher, a longtime Grundy Woman's Club member, fell and broke her hip. She most recently served as Chairman of International Outreach. Because of the time needed for her recuperation, she has decided to step down as chairman. I was asked by Glenna Owens, President, to assume this role and serve as chairman, so we can continue the projects Shirley was so passionate about. I believe I have big shoes to fill!

International Outreach is a very important mission for the Grundy Woman's Club. We currently support four projects in International Outreach - HEIFER International, UNICEF, Operation Smile, and Shot@Life. In upcoming newsletters, I'll discuss these more in-depth.

Additionally, as Shirley did, I am also serving as the Southwestern District Chairman of International Outreach. And I look forward to working with our District President Faye Bocock, as well as our other District officers and chairmen. I humbly accept both of these roles and can only hope I serve in an honorable way, by bringing more awareness to these projects.

Home Life - Sandy Stiltner

There is so much we can do in this area. Did you know the GFWC Virginia Special Project is "Dare to Dream of No Hunger"? This project can also be reported in the Home Life Program. So let's get started! We have Breast Cancer Awareness Month and Ladies Night Out just a few weeks away! Let's start thinking on what we can do. Maybe paint the town pink?

Reporting - Ginger Robertson

As we start a new administration it is very important for the previous chairmen to hand their information from January 1, 2016 to the new chairmen - hours, projects, funds spent, in-kind donations. Keeping your records up to date makes reporting much easier.

Art - Bertha Street

Riverview Elementary-Middle School needs our help collecting art supplies! Items include: black ultra-fine sharpies, fine-point sharpies, colored pencil sharpeners (found at Sam's Club), and plastic shoe boxes. You can also recycle old magazines or food containers by donating them for other art projects!

Club Corner: Dates to Remember

Sept. 2 (Birthday) - Pam Webb

Sept. 7 (Birthday) - Carolyn Mitchell

Sept. 9 (Birthday) - Amy McClanahan

Sept. 10 (Anniv.) - Pam (George) Webb

Sept. 24 (Birthday) - Angie McClanahan

Oct. 5 (Anniv.) - Heather (Jody) Bowman

Oct. 6 (Anniv.) - Melissa (Ray) Keene

Oct. 12 (Anniv.) - JoBeth (Scotty) Wampler

Oct. 17 (Anniv.) - Amy (Larry) McClanahan

Oct. 21 (Birthday) - Ruth Horn

Oct. 23 (Anniv.) - Debbie (Greg) Deel

Oct. 29 (Birthday) - Betty Shields

Not Included?

Several months ago, we began reaching out to members for birthday/ anniversary dates. If you haven't submitted your very important dates yet, contact JoBeth Wampler at jobeth.wampler@gmail.com or 276-935-2123.

Community Service Project Reports (continued)

Conservation - Anna Ruth Coleman & Pam Wolford

As we begin our new club year, let's all set as a goal to seek out ways to increase our awareness of conservation issues. Let's work together to preserve, maintain and restore our natural resources, preserve habitats for plants and animals and participate in activities to beautify and sustain our world around us.

Some tips to consider are: to first REDUCE purchases, replace disposables with reusable ones and, whenever possible, consider buying used products. Second is to REUSE items. Examples are to shop at and hold garage sales. Third is to RECYCLE items, such as plastic bottles and tops, cardboard, newspapers, plastic bags, aluminum, home appliances whatever you may need to discard may have the potential to be recycled. For further consideration, REFUSE products that create waste. Avoid single-use products, bring your own bags to grocery stores and minimize or eliminate other types of purchases that generate waste.



Let's all work together for a healthy planet and look for ways preserve and to take care of our natural resources, including, but not limited to, water, trees, plants, air, land and wildlife.

Leadership - JoBeth Wampler

When we encounter leaders in our everyday lives, we usually think one of two things - "That person should not be in a leadership position," or "Wow! I wish I could do that!" But great leaders aren't born. Sure, some have innate traits or skills that seem to make leadership come easy. Most of us, however, have to learn how. GFWC Virginia LEADS

is a great way to do that! The goal of Leadership Education And Development Seminar, or LEADS, is to identify GFWC Virginia members who have the potential to assume leadership positions beyond the club level and provide them with the skills, confidence and commitment to become future Federation leaders. Held during the odd year of an administration, the next seminar will take place in August 2017. But now is a great time to start thinking about whether you might be interested in helping mold the future of the GFWC on district, state and regional levels. The deadline to apply is a long way off (April 15, 2017), but start thinking today about whether Virginia LEADS is something in which you might be interested.

And if some of our ladies might be interested in learning how to become more effective leaders, who says we have to wait? See me for more information if you'd be interested in participating in our very own local or district level LEADS right here in Southwest Virginia!

Education - Mary Belcher

I see two projects our woman's club could sponsor this year. Why not take a look and let's decide together?

- Donate supplies to schools in need throughout your community and state, knowing teachers could use the help in purchasing these. Supplies can include: notebooks, pencils, small dry erase boards & markers, a hole punch, flash drives, and incentives such as stickers & small toys.
- Collecting Box Tops for education. We could do this all year by collecting them at meetings. Or if you have a child or grandchild you want to let them take it to their school/classroom, keep up with the numbers of box tops you collect.





Thoughts from Conference...

I recently attended the GFWC State Conference, held at the beautiful Inn at Virginia Tech in Blacksburg, Va., over the weekend of August 12-14. I am SO glad that I made the decision to go! I haven't been a visible, active member of our club for over a year and have missed the sense of community and

friendship that our club offers.

When JoBeth Wampler, our fellow President, invited me, I only had to think responding with, "YES, I'LL GO!" So, I GFWC Virginia room block weeks before the fun to begin! And it was a great deal of and making new ones. However, this was



Debbie Deel

clubwoman and First Vice about it for a little while before made the reservations in the the event and patiently waited for fun – reconnecting with old friends definitely a *working* convention.

On Saturday, various meetings began at 9 evening. There were a total of 15 workshops attended the Education

a.m. and lasted until 9 p.m. that offered throughout the day. I Workshop, which provided us with

information on HOBY (Hugh O'Brien Youth Leadership) Virginia and ESO (Epsilon Sigma Omicron, an honorary educational society and structured reading program open to GFWC



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members); International Outreach; and GFWC Special Projects - Women's History Research Center and Domestic Violence Awareness. On Sunday, workshops began at 8 a.m. I attended two – Arts & Arts Contests and Leadership – before our final meeting at 10 a.m. As you can see, it was nonstop the entire weekend, but it was definitely a rewarding experience. I feel much more educated about the many things that GFWC is involved in and came back home with renewed excitement for working with the

GFWC Grundy Woman's Club.

**GFWC Grundy Woman's Club
Treasurer's Report
04-30-2016 – 08-27-2016**

Balance on Hand – 04-30-2016 **\$6,491.43**

Receipts:

05-02-16 Food for fashion show	\$ 40.00
Autism walk	970.00
05-03-16 Dues	200.00
Dinner	200.00
Fashion show	582.00
05-24-16 Fashion show	90.08
Dues	25.00
06-06-16 Yard sale	432.50
06-07-16 Returned check pd.	25.00
08-16-16 Members paid Conference	<u>1,080.00</u>
Total Deposits	\$ 3,644.58
Available Funds	\$10,136.01

Disbursements:

04-30-16 - #5268 Willowbrook-food for fashion show	\$ 280.00
05-02-16 - #5269 Leigh Ann – cake for dinner	35.00
05-02-16 - #5270 Cash dinner – 7 guests	270.00
05-03-16 - #5271 Traditional Screenprinting – Autism T shirts	324.00
#5272 Relay For Life	1,500.00
#5273 New Hope Church – Hope For The Hungry	200.00
#5274 Tania Stephens –iPage – Web	188.34
#5275 Heifer International – Trees	100.00
05-13-16- #5276 Walmart – 4 gift cards – After Grad Party	200.00
Returned check	22.00
05-17-16 - #5277 Shot @ Life	25.00
05-24-16 - #5278 Main Street Floral – 8 blue bows	42.12
#5279 Glenna – outgoing officers; flags; tip	104.16
06-06-16 - #5280 A Voice For Our Children	646.00
06-10-16 - #5281 Hope For The Hungry	435.00
06-29-16 - #8282 Chamber of Commerce – dues	50.00
07-12-16 - #8283 GFWC VA Conference 9@\$160	<u>1,440.00</u>
Total Disbursements	\$ 5,861.62

BALANCE ON HAND **\$ 4,274.39**

GFWC Grundy Woman's Club
MAY 2, 2016 – Minutes

The regular monthly meeting of the GFWC Grundy Woman's Club was held May 2, 2016 in the upstairs meeting room at the Grundy Baptist Church, President Glenna Owens presiding. Meeting called to order at 6:12 pm.

Twenty-Seven members, visitors and guests were welcomed. They included:

- Alex Berge and Deena Hurley who were welcomed as new members.
- Mountain Mission School student Amara Breisch, accompanied by her mother Dori Breisch and MMS representative Wanda Berry.
- Twin Valley High School student Katie Stiltner accompanied by Terry Butcher, Adrianna Culbertson and Beth Honaker from Southwest Virginia Community College.

Catherine Owens led the Pledge of Allegiance to the Flag of the United States of America. Ruth Horn shared the Thought for the Day "A Mother" poem written by her mother, Geraldine Shortridge. Chaplain Barbara Fleenor led the club in Grace.

Minutes of March 2016 were presented; motion to approve by Shirley Belcher, 2nd Pam Wolford, approved.

Minutes April 2016 were amended adding to the College Shower section "*for a Mountain Mission School and a Buchanan County school student. The Chamber will give a scholarship to two students in Buchanan County.*" Motion to approve as corrected by Mary Belcher, seconded by Ginger Robertson. Additions were approved. The Treasurer's Report showing a balance 4-30-2016 of \$6491.43 was approved and filed. (copy attached).

A college shower was held honoring two local students: Amara Breisch MMS, and Katie Stiltner TVHS.

JoBeth Wampler reported regarding the Autism Awareness 5k Race.

Vintage Fashion Show report given by Tania Stephens, net receipts \$620.

Tania Stephens reported on the SWD meeting held at the Appalachian College of Pharmacy. Recap of winners attached.

Sandy Stiltner moved "to do early calendar – dates," 2nd Tania Stephens.

Shirley Belcher moved the club donate \$100 to the Heifer International project "share a seedling," 2nd Judy Holland. Passed. \$100.00.

New Business:

Anna Ruth Coleman reminded everyone to leave birdseed at Vansant Lumber for the Heritage Hall bird feeders.

Judy Holland reminded everyone to vote.

Judy Holland moved the club pay the \$1500 designated for the Relay for Life; Mary Belcher seconded. Passed. \$1500.

Judy Holland moved the club buy 4 \$50 gift cards for the After Grad Party, 2nd Ginger. Passed. \$200.00.

Tania moved the club donate \$200 and up to the New Hope Mission "Hope for the Hungry" fund raiser, 2nd Sandy Stiltner. Passed. The proceeds from the Yard Sale to be held at the Gary Street property Saturday, June 4 will go to this project.

The president presented an apple for Teacher Appreciation Month to Barbara Fleenor, 31 years of service and Judy Holland, 27 years of service.

A report was given on GFWC Virginia Convention to be held May 6-8, 2016 in Williamsburg, VA.

GFWC Virginia Conference will be held in Blacksburg, VA, August 13 & 14, 2016.

Dues for 2016-2017 are due and payable.

Next regular meeting will be held in September 2016.

Meeting adjourned.

Betty Shields, Secretary

*Want to include something in **News-makers**, the GFWC Grundy Woman's Club monthly newsletter? Contact JoBeth Wampler at jobeth.wampler@gmail.com or call anytime at 276-935-2123.*